



The Evolving Journey  
UNLOCKING INFINITE POSSIBILITIES

## My daily Time Organizer

1	2	3	4	5	6

<ul style="list-style-type: none"><li>- Schedule 3-5 hours at a time</li><li>- Have realistic expectations</li></ul>	<ul style="list-style-type: none"><li>- Have a monthly task dump to support you</li><li>- Set a timer if you need a reminder</li></ul>	<ul style="list-style-type: none"><li>- Time is up, stop and move to the next slot</li><li>- Enjoy the process!</li></ul>
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